



The Sea Awards are designed for paddlers looking for recognition of their skills for a safe day out on the sea. So whether you're new to paddling on the sea or looking to progress to coastal or advanced sea environments, there's something for everyone!

The Sea Awards are great milestones to track your progression and skill development.

Awards can be taken in either tidal or non-tidal environments allowing greater access for paddlers using locations that have little or no tidal movements but has the appropriate wind conditions.

## Sea Kayak

Sea Kayak Award

The Sea Kayak Award focuses on your paddling and decision making skills for a safe and enjoyable day out on the sea in winds up to force 3 and/or tides up to 1 knots, using sea kayaks or sit on tops in tidal or non-tidal environments.

Effective forward paddling, negotiating confined spaces and maintaining and changing direction are all part of the award as well as developing an understanding of the surroundings and environment we use.

## **Sea Kayak** Ad<mark>vanc</mark>ed Sea Kayak Award

The Advanced Sea Kayak Award focuses on paddling on the sea in winds over force 4 and/or tides over 2 knots. Using sea kayaks in tidal or non-tidal environments, where you may make open crossings in excess of 2Nm as well as travelling along the coastline.

Developing a comprehensive understanding of your surroundings and creating a consistent and blended use of skills to be in control in advanced conditions.

## Sea Kayak

Coastal Sea Kayak Award

The Coastal Sea Kayak Award helps you develop your ability to apply your paddling and decision making skills to a safe day out on the sea in winds up to force 4 and/or tides up to 2 knots, using sea kayaks or specific sit on tops in tidal or non-tidal environments.

Using blended skills to be in control throughout the whole day, developing your efficient forward paddling, maintaining and changing direction, as well as safety considerations and rescues.

Although not prerequisites, these awards provide appropriate acknowledgement of personal skills for paddlers wanting to attend Coaching & Leadership qualifications. Achieving these awards ahead of the relevant qualification will enable you to focus on the course content, rather than being concerned with your personal skills.

Sea Kayak Award: Kayak Coach (Sheltered Water) or Canoe & Kayak Coach (Sheltered Water)
Coastal Sea Kayak Award: Sea Kayak Coach (Moderate Water) or Sea Kayak Leader
Advanced Sea Kayak Award: Advanced Sea Kayak Leader, Sea Kayak Coach (Advanced Water) or the Performance Sea Kayak Coach